

時	2/16(月)	2/17(火)	2/18(水)	2/19(木)	2/20(金)	2/21(土)	2/22(日)	時
3								3
4	30	30	25	30	30	20	35	4
5	00					55	10	5
6	50					25	15	6
7						55	30	7
8							00	8
9						25	25	9
10	25	25	25	25	25	10	25	10
11	55	55	55	55	55	30	30	11
12	25	25	25	25	25	30	30	12
13	55	55	55	55	55	30	30	13
14	50	50	50	50	50	30	30	14
15	50	50	50	50	50	25	25	15
16	55	55	55	55	55	30	30	16
17	53	53	53	53	53	30	30	17
18	00	00	00	00	00	30	30	18
19	54	54	54	54	54	58	58	19
20	35	35	35	35	35	54	54	20
21	00	00	00	00	00	54	54	21
22	00	00	00	00	00	54	54	22
23	00	00	00	00	00	54	54	23
24	09	09	09	09	09	05	05	24
25	04	04	04	04	04	05	05	25
26	10	10	10	10	10	05	05	26
27	30	30	30	30	30	10	10	27
28	35	35	35	35	35	10	10	28
29	40	40	40	40	40	10	10	29
30	00	00	00	00	00	10	10	30